



Discussion Guide

Concerned about iron deficiency anemia (IDA)? The good news is that it can be treated. Here are some questions to help start a discussion with your healthcare team about your diagnosis and treatment options.

It can be helpful to bring a family member, loved one, or friend along to your appointment for help and support and taking notes.

About IDA

What is IDA? _____

What causes IDA? _____

Are my symptoms caused by IDA? _____

Treatment

What treatment path do you recommend for me, and why? _____

How long will it take to see results? _____

What side effects do people typically experience? _____

How long will I need to stay on treatment? _____

How will I know if the treatment is working? _____

How much will it cost? _____

Take this guide with you to your next doctor’s appointment and start a discussion about your treatment options.

